

# Playing “A” Ringette Commitment & Expectations

## “A” Tryouts

- “A” Level Ringette is both fun and competitive.
- Playing at this level requires individual commitment, dedication to the team and a high level of participation by players and their supporters.
- Tryouts are not a camp and players participating are expected to join the team if they are selected.

## What to Expect During Tryouts

During tryouts, each player will be evaluated on their skill, ability and drive. Standardized evaluations are used to categorize and rank players.

Attendance in all skating sessions is required. Player absences will only be excused for specific reasons, with a parent letter. See CAT Policy for details.

Player selection (including players selected through the Draft) will be communicated directly to players/families. Ensure that your player’s willingness to participate in the Draft has been clearly communicated to your association, including all locations where they would be willing to play if selected.

## What to Expect if You are Selected

Congratulations! Your player has been selected to join an elite team of similarly committed athletes and coaching staff! You will be given specific details about your upcoming season, but you can expect the following level of commitment.

Commitment	Expectation
Practices	Your player can expect both on-ice and dryland practice and conditioning sessions. The time and location of practices may vary. 2-3 practices per week should be expected.
League games	1-2 league games per week plus the possibility of exhibition games. There are 16 total league games during the regular season.
Tournaments	Teams may participate in 3-5 tournaments throughout a season, including 1 or 2 which may require out of province travel.
Playoffs	City playoffs and provincials occur in mid-February to the end of March
Westerns	At U16 and U19, qualifying teams will participate in the Western Championships. This may be an out of province trip.
Fees	Player fees will start at a minimum of \$700 in addition to player registration fees. Fees may vary depending on size of team, fundraising efforts, number of tournaments, etc.
Additional costs	Travel, clothing, dryland are all extra and will vary by team.
Injury	All players are required to pay the team fees, including for tournaments. Injured players are still responsible for their share of costs.
Attitude	Your host association will have codes of conduct for player behaviour, attendance, social media, as well as for fan behaviour. Penalties will vary by association.